

# RESORT ACTIVITIES

Please reserve at least one day in advance to ensure a seamless luxury experience through our WhatsApp  (+62) 877 9468 0908

Every Monday, 9 AM - 10 AM  
at Bale Wos, Yoga Pavilion

## *Sun Meditation*

Experience the serenity and inner peace of sun meditation, as you align mind, body, and soul with the radiant energy of nature's celestial masterpiece.

Free of Charge



Every Monday, 11 AM - 12 PM  
at Kids Club

## *Kids' Fun Dance*

This lively and engaging dance session is perfect for younger guests, allowing them to express themselves through movement and music. Under the guidance of friendly instructors, kids will enjoy an hour of fun, creativity, and social interaction.

Free of Charge



Every Monday, Wednesday, Friday, and Sunday  
2 PM - 3 PM at Bale Wos, Yoga Pavilion

## *Zhaolin Stretching*

Explore the ancient art of flexibility and relaxation, harmonizing body and mind through gentle movements

Free of Charge







Every Tuesday, 5 PM - 7 PM at Atrium

## *Art Bazaar*

Discover the vibrant world of Balinese art and craftsmanship at our Art Bazaar. Featuring a variety of local artisans, this event showcases unique handmade items from local and disabilities community, perfect for taking home a piece of Bali's culture and creativity.

Every Tuesday, 9 AM - 10 AM

## *Jukut Paku Village Strolling*

Immerse yourself in the rich cultural heritage of Bali by taking a guided stroll through a nearby village. Experience traditional Balinese life, marvel at the lush surroundings, and enjoy authentic interactions with the local community.

Free of Charge



Tuesday, 11 AM - 12 PM  
at Bale Wos, Yoga Pavilion

## *Kite Making Activity*

Learn the traditional Balinese art of kite-making in this hands-on workshop. Create your own kite from scratch, decorating it with vibrant colors and designs, and take it to the skies for an unforgettable family experience.

Free of Charge







Every Tuesday, Thursday, and Saturday  
2 PM - 3 PM at Infinity Pool

## Aquarobic

Dive into the infinity pool for a refreshing and energizing workout with aquarobics.

This low-impact activity is ideal for all fitness levels, offering a blend of exercise and relaxation with stunning views of Ubud's natural beauty.

Free of Charge

Every Thursday, 4 PM - 5 PM at Yoga Pavilion

## Coconut Leaf Art

Add a touch of Bali to your holiday with handmade ornaments that tell a story. This unique workshop offers a blend of creativity and culture, making it a must-try during your stay.

IDR 150,000/person



Every Wednesday, 9 AM - 10 AM  
at Bale Wos, Yoga Pavilion

## Hatha Yoga

Achieve a perfect balance of mind, body, and soul in a rejuvenating Hatha Yoga session. Set in the peaceful Yoga Pavilion, this activity is suitable for beginners and experienced practitioners alike, offering a harmonious way to start your day.

IDR 400,000/person





Every Wednesday, 11 AM - 12 PM  
at Kids Club

## *Bahasa Indonesia Class*

Immerse yourself in Balinese culture by learning the basics of the Indonesian language. This interactive class will give you the tools to engage with locals, making your stay in Bali even more enriching.

Free of Charge



Every Wednesday, 4 PM - 5 PM  
at Bale Wos, Yoga Pavilion

## *Zumba Class*

Get your heart pumping and your body moving in a high-energy Zumba session. Perfect for guests who love to dance, this activity combines fitness and fun with vibrant music and lively choreography.

IDR 100,000/person

Every Thursday, 9 AM - 10 AM  
at SereS' natural Spring Pool

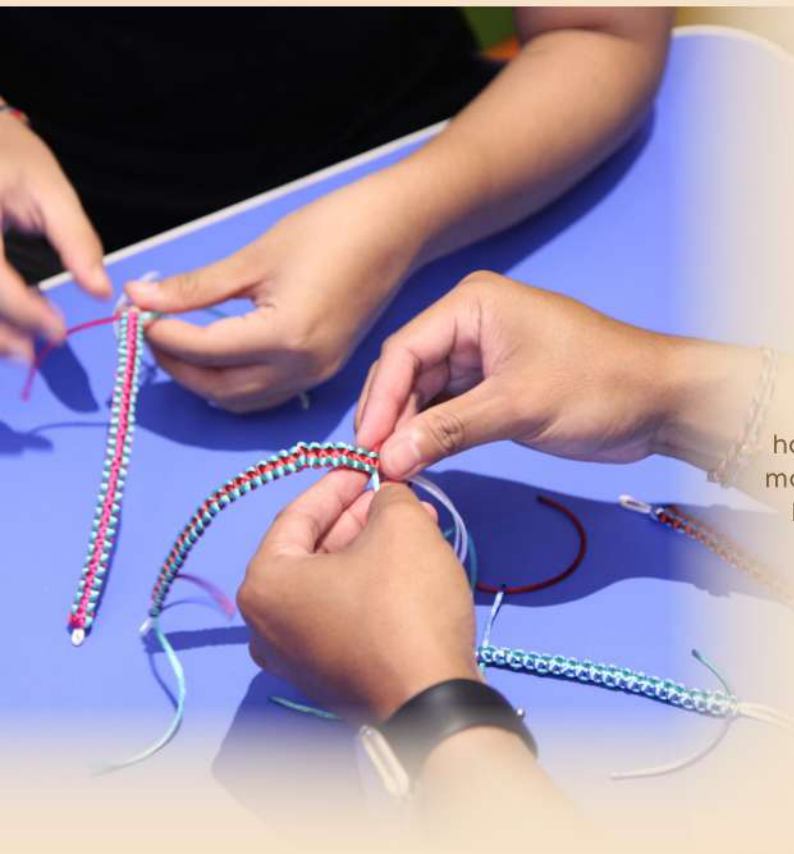
## *Balinese Purification*

Experience a profound cultural ritual by participating in a Balinese spiritual purification ceremony at the sacred springs. This activity offers a deep connection to Bali's spiritual heritage, leaving you feeling cleansed and renewed.

IDR 300,000







Every Thursday, 11 AM - 12 PM  
at Kids Club

## *Bracelet Making*

Unleash your creativity by designing your own handmade bracelet. This workshop provides all the materials and guidance needed to craft a beautiful keepsake, inspired by Bali's rich artistic traditions.

**IDR 100,000 / person**

Every Thursday, 4 PM - 5 PM  
at Bale Wos, Yoga Pavilion

## *Vinyasa Yoga*

Flow through a series of dynamic yoga poses in a tranquil setting at our Yoga Pavilion. This guided session focuses on synchronizing movement with breath, promoting flexibility, strength, and mindfulness.

**IDR 400,000/person**



Every Friday, 9 AM - 10 AM  
at Bale Wos, Yoga Pavilion

## *Balinese Dance*

Dive into the elegance and tradition of Balinese culture by learning the art of Balinese dance. Led by skilled instructors, this activity provides a hands-on experience of the island's rich performing arts.

**Free of Charge**





Every Friday and Sunday, 11 AM - 12 PM  
at Infinity Pool

## Fun Games

Gather around for a variety of exciting and interactive games at the infinity pool. This activity is perfect for bonding, laughter, and creating memorable moments during your stay.

Free of Charge



Every Saturday, 9 AM - 10 AM  
at SereS Springs Resort & Spa Surroundings

## Cycling

Explore Ubud's breathtaking landscapes and lush greenery on a guided cycling tour. This eco-friendly activity is perfect for nature lovers, offering a blend of adventure and serenity as you journey through scenic trails.

IDR 250,000/person



Every Friday, 4 PM - 5 PM  
at SereS Spa Sanctuary

## Classic Balinese Wedding Costume

Step into the beauty and grace of Balinese heritage by dressing in traditional wedding attire. Capture the moment with stunning photos as you immerse yourself in the elegance of Bali's cultural traditions.

IDR 1,500,000/person



Every Thursday, 11 AM - 12 PM  
at Kids Club

## Kids' Nail Art Activity

Let your little ones express their creativity in a fun and colorful nail art session. This activity is tailored for children, offering them a delightful way to explore their artistic talents.

IDR 50,000 / person



Every Saturday, 4 PM - 5 PM  
at Caffè DarSini Lounge & Bar

## *Rindik Class*

Learn to play the Rindik, a traditional Balinese bamboo instrument that produces soothing and melodic sounds. This activity provides a unique opportunity to connect with Bali's musical heritage.

**IDR 200,000/person**

Every Sunday, 9 AM - 10 AM  
at Bale Wos, Yoga Pavilion

## *Balinese Offering Making*

Engage in the cultural practice of making Balinese offerings, known as "canang sari." This hands-on session teaches you the significance behind these intricate creations, deepening your understanding of Balinese traditions.

**IDR 50,000/person**



Every Sunday, 4 PM - 5 PM  
at Bale Wos, Yoga Pavilion

## *Bamboo Painting Activity*

Discover the beauty of Balinese artistry as you explore the unique craft of bamboo painting.

Using eco-friendly bamboo canvases and vibrant natural paints, you'll learn traditional techniques guided by skilled local artists.

**IDR 200,000/person**

